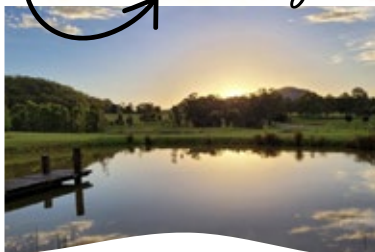


# Neurodiverse Teens Retreat

13-18 years

10-12 APRIL 2023

School Holidays



*Does your Teen struggle to make friends?*

*Feel ignored by others?*

*Miss out on invitations to parties?*

*Find it difficult to regulate their emotions and distressing situations?*

*Finds social situations challenging?*

We invite your teen to join us on this 3 day retreat and learn how to develop and maintain friendships and relationships, handle conflict and rejection and develop a tool kit of social skills that work in the real world.

PRESENTED BY



GLEN EDEN  
Estate



# Neurodiverse Teens Retreat



This retreat will include 8 hours of evidence based social skills courses with psychologists, equipping teens with a new range of skills for interacting with others. It will also provide a unique environment for fun and interaction with each other during physical activities, relaxation and mealtimes.

*NDIS funding can be used if your family is Self, or Plan Managed. Chat with your Plan Manger or Support Coordinator. They will be able to tell you if your plan will cover this. Some participants have out of pocket expenses. NDIS funding categories include 'Improved Daily Living' and 'Increased Social & Community Participation.'*

## COST BREAKDOWN

Increased Social & Community Participation

2 x 2hr workshop = \$720

Improve Daily Living Skills

2 x 2hr workshop = \$720

Accommodation & Food = \$600

**TOTAL \$2,040 PER CHILD**

## FOR MORE INFORMATION

Phone: (02) 4303 172 · Email: [Admin@wellnest.net.au](mailto:Admin@wellnest.net.au)

PRESENTED BY

